



## DL Kids Garden Games - Cowboys & Astronauts

**Equipment Needed;** Hockey stick / broom / hobby horse, balloons and household objects

### **Bullseye Race**

For this game you will be cowboys and cowgirls riding your horse across the wild west!

- If you have a hockey stick, small broom or a hobby horse use this and put it between your legs as your horse. If you do not have these items simply put your hands out in front of you like you are holding the reins of your horse.
- Mark out a racecourse using pebbles, socks, jumpers, shoes, whatever you have available to mark out a track to race around.
- When you shout 'yee-haw!' set off riding your horse around the track back to the start.
- Time yourself and see if you can complete the track quicker the second time or can you increase the amount of laps you race your horse?
- Parents or siblings can take part as well to create a race and find out who is the fastest in the wild west!

**Astronaut Flying Super Skills!** To infinity & beyond! Are you as fast as an astronaut?

- Ask your child to spread their arms out to the side like wings
- When you call 'to infinity & beyond!' they can start running/flying around the room or garden
- Start to shout out different astronaut commands...
  - Fly Sideways – side stepping
  - Fly Backwards! – walking/slow jogging backwards
  - Fly! – normal running/flying
- Can they fly just like an astronaut?

**Balloon Rodeo** Howdy Partner! Can you work together as a family to win the rodeo?

- Mark out a square in a corner of your room or garden – this is your pen where you will round up your balloons
- Throw 2-3 balloons into the air and round the balloons into the marked out square by hitting them into the air and hitting them to one another to hit into the square
- You cannot catch or hold the balloons you must hit them to each other and then into the square
- The balloons can't touch the floor
- Slowly add in more and more balloons making it more difficult and then rounding all of the balloons in the coned area to finish the game
- How quickly can you round up the balloons?